

Philosophy 4990: Happiness & Well-Being Section 201

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Week 1 Historical Accounts of Happiness

Bentham, Value of a Lot of Pleasure or Pain, pp. 528 – 529 *Introduction to Philosophy: Classical and Contemporary Readings*, 2nd edition. Perry & Bratman (eds.)
Mill, What Utilitarianism Is, pp. 66 – 71 *The Right Thing to Do*, 3rd edition. Rachels (ed.)

Week 2

Nozick, The Experience Machine

Epicurus, Letter to Menoeceus, pp. 571 – 574
video: Epicurus on Happiness,

Philosophy: The Quest for Truth, 7th edition. Pojman & Vaughn (eds.)
<http://www.youtube.com/watch?v=irornIAQzQY>

Week 3

Aristotle, Nichomachean Ethics
Book 1: Chapters 1, 4, 5, 7, 8, 9
Book 10: Chapters 6, 7, 8 (skip the first part of 8)

Week 4

Contemporary Accounts

Haybron, Happiness and Pleasure

Philosophy and Phenomenological Research, Vol. 62, No. 3
(May, 2001), pp. 501 – 528

Week 5

Crisp, Pleasure Is All That Matters

Think 3 (7): 21 – 30 (2004)

Week 6

Belliotti, The Seduction of Happiness

Oxford Handbook of Happiness, Ch. 22

Van Deurzen, Continental Contributions to Our
Understanding of Happiness and Suffering

Oxford Handbook of Happiness, Ch. 21

Week 7

Haybron, Do We Know How Happy We Are?

Nous, 41:3 (2007), pp. 394 – 428

Week 8

test 1

Week 9

Bok, D. (2010). *The Politics of Happiness*. Princeton University Press

Bok, Introduction and chapter 1

Bhutan: Taking The Middle Path To Happiness [Movie]

Week 10

Bok, chapters 2 and 3

Week 11

Bok, chapters 4 and 5

Week 12

Bok, chapters 6 and 7

Week 13

Bok, chapters 8 and 9
video on Martin Seligman

<http://www.youtube.com/watch?v=Q-Vhjmdp4nI>

Week 14

Bok, chapters 10 and 11

Week 15

A critique of pursuing happiness

Nussbaum, The Happy Warrior

The Journal of Legal Studies, Vol. 37, No. S2, (June 2008),
pp. S81 – S113
